In-Home Rehabilitative Care Eligibility

**December 2014**

Does the patient/client have restorative potential? That is,

* Is the patient/client medically stable enough to participate in and benefit from rehabilitative care within the context of his/her specific functional goals and environment?
* Does the patient/client have identified goals that are specific, measurable, realistic and timely?

**Note:** The degree of restorative potential and benefit from the rehabilitative care should take into consideration the patient’s/client’s:

- Premorbid level of functioning
- Medical diagnosis/prognosis and co-morbidities (i.e., is there a maximum level of functioning that can be expected owing to the medical diagnosis/prognosis?)

Determination of whether a patient/client has restorative potential includes consideration of all of the above factors. Cognitive impairment, depression, delirium or discharge destination should not be used in isolation to influence a determination of restorative potential.

Does the patient/client have identified goals that are specific, measurable, realistic and timely?

**Yes**

**No**

Is the overall functional trajectory of rehabilitative care “progression” (i.e. to restore or maximize functional abilities)?

**Yes**

**No**

Regardless of functional trajectory, (i.e. progression or maintenance), if a client lives:

- **At home – Refer for in-home rehabilitative care services**
- **In a LTCH – Contact the LTCH to discuss referral to rehabilitative care services.**

Is the overall functional trajectory of rehabilitative care “maintenance” (i.e. to prevent functional decline/injury or maintain functional performance)?

**Yes**

**No**

Based on patient/client complexity, the service delivery model (e.g. individual vs. group) and setting (e.g. hospital-based or community clinic) that can best address goals of treatment, refer to:

- A single discipline or interdisciplinary team or
- A specialized rehabilitative care service

**Yes**

**No**

Consider other care plans

Refer to Definitions Framework for Rehabilitative Care

Of the 4 bedded levels of rehabilitative care:

- Which level’s descriptions of Goal, Functional Trajectory, Target Population and Functional Characteristics are best aligned with your patient’s/client’s rehabilitative care needs?
- Which level has the resources to safely manage the medical care needs of your patient/client?

Refer to Definitions Framework for Rehabilitative Care

Bedded Levels Of Rehabilitative Care

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Rehabilitation?</td>
<td></td>
</tr>
<tr>
<td>Activation / Restoration?</td>
<td></td>
</tr>
<tr>
<td>Short Term Complex Medical Management?</td>
<td></td>
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<tr>
<td>Long Term Complex Medical Management?</td>
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</tbody>
</table>

Refer to appropriate bedded level of rehabilitative care

In-Home Rehabilitative Care Eligibility

- Typically a valid OHIP card is required and services are provided by Community Care Access Centres.
- For eligibility, see Home Care and Community Services Act, 1994, Ontario Regulation 386/99, Section 3.4.
- http://www.e-laws.gov.on.ca/htmlregs/english/elaws_regs_990386_e.htm
- There may be other publicly funded programs with their own requirements that are available

**Note:**

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Referral Decision Tree for Rehabilitative Care – To be used with the Rehabilitative Care Alliance Definitions Framework for Rehabilitative Care

**At each transition point, mechanisms for the coordination and communication of the post-discharge plan of care should be in place to support a successful transition.**

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
<th>Decision</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Determine eligibility for rehabilitative care</td>
<td>YES Go to Step 2 / NO Consider other care plans</td>
</tr>
<tr>
<td>2</td>
<td>Determine if patient’s needs can be met by community-based rehabilitative care</td>
<td>YES Go to Step 4 / NO Consider community-based services</td>
</tr>
<tr>
<td>3</td>
<td>Determine overall functional trajectory/goal and setting/location of community based rehabilitative care</td>
<td>YES Go to Step 3 / NO Consider other care plans</td>
</tr>
<tr>
<td>4</td>
<td>Determine which bedded level of rehabilitative care would meet the needs of your patient</td>
<td>Refer to Definitions Framework for Rehabilitative Care</td>
</tr>
</tbody>
</table>

*Refer to Definitions Framework for Rehabilitative Care
